



# FOURTH ANNUAL SPLASH n' DASH KID'S TRIATHLON

## August 12, 2017

8 a.m. Registration

9 a.m. Start of Race

This event will consist of swimming, biking and running. Participants will receive a bib, but the event will not be officially timed. It's a great opportunity for kids to get out and have some fun, while staying active and healthy!

**Fee:** \$25 before August 1  
 \$35 after August 1\*  
 \*not guaranteed t-shirt  
**Location:** Hampden Park and Pool Complex  
 5002 Hampden Park Dr.  
 Mechanicsburg, PA 17050

**5 - 8 years old**  
 Swim 25 meters, Bike 1 mile, run .5 mile  
**9 - 11 years old**  
 Swim 50 meters, Bike 2 miles, run 1 mile  
**12 - 14 years old**  
 Swim 100 meters, Bike 4 miles, run 1.5 miles

Participant Name	Date of Birth	Male/ Female
Street Address	City	State
Medical Concerns	Allergies	

**T-Shirt Size:**    YS    YM    YL    AS    AM    AL    AXL

**Age Group:**    5 - 8    9 - 11    12 - 14

Parent/Guardian: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Phone (H): \_\_\_\_\_ (C): \_\_\_\_\_

Email: \_\_\_\_\_

Additional Emergency Contact: \_\_\_\_\_ Relation: \_\_\_\_\_

Phone (H): \_\_\_\_\_ (C): \_\_\_\_\_

I know that swimming, biking & running are potentially hazardous activities. I should not enter unless I am medically able and properly trained. I assume risks associated with running this event including, but not limited to, falls, contact with other participants, and the effects of weather and conditions of the road. I understand I am solely responsible for my own safety while traveling to and from or participating in this event.

Knowing these facts and in consideration of your acceptance of my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might sue on my behalf covenant not to sue, and waive, release, and discharge the sponsors or contributors to this event, any race officials, volunteers, the municipalities, school district, and police agencies, their representatives, successors or assignees from any and all claims of liability for death, personal injury, or property damage of any kind of nature whatsoever arising out of, or in the course of my participation.

The release form and waiver extends to all claims of every kind or nature whatsoever, foreseen and unforeseen, known and unknown. The undersigned further grants full permission to use any photographs, videotapes, motion pictures, recording, or another record of the event for any purpose. Minors will be accepted with parents signature.

Signature of Parent/ Guardian \_\_\_\_\_ Date \_\_\_\_\_